

Carry me away: What to pack

Backpack and Kid Carrier	Carrier rain cover		
	Pocket mirror		
	Ropes to tie up objects		
	Sun protection for the carrier		
	Additional backpack		
Baby Clothes	2 Bodies		
	2 Pairs of socks		
	1 Long-sleeve shirt		
	1 Waterproof pants		
	1 Gilet		
	1 Sweater		
	1 Pyjama		
	1 Coat		
	2 Pair of shoes		
	1 Cap		
	1 Sun hat		
	1 Scarf		
	1 Flannel		
	Sunglasses		
Mom Clothes	1 Pair of mountain boots		
	1 Pair of flip-flop or sleepers		
	1 Long underwear (wool)		
	1 Long-sleeve thermal shirt (wool)		
	1 Shirt		
	Sports underwear		
	1 Gilet		
	1 Sweater		
	1 Jacket		
	Rainproof shell for jacket		
	1 Pyjama		
	1 Hat		
	Gloves		
	Mom Clothes	Wide warm scarf	
Sunglasses			
2 Pairs of socks			
Toiletry box	Min. 10 diapers (5 per day)		
	Calendula oil		
	Cotton pads		
	Sun cream		
	Toothbrush and toothpaste		
	Soap		
	Wet swipes		
Toilette paper			
First Aid / Emergency box	Medicine to treat fever		
	Nose drops		
	Ointment		
	Gel for smaller burns		
	Ticks pincer		
	Disinfectant spray		
	Mosquito and ticks spray		
	Thermometer		
	Homeopathic globules		
	Lactobacilli		
Others	Cough syrup		
	Trekking poles		
	Drinking bottle		
	Garbage plastic bag		
	Snacks box		
	Toys & books		
	Umbrella		
	Cell phone and charger		
	Maps		
	Pen		

Others	Headlight	
	Knife	
	Sheets of paper	

